



# Peace Progress

Peace Progress  
Editor, Kay Glathar

August 2014

## A Word from Our Pastor:

Dear Family of Peace,

*“Jesus would withdraw to desolate places and pray (Luke 5:16).”*

I am fascinated that Jesus made it a regular practice to find “desolated” places and pray. Jesus was busy and had a schedule to keep. His ministry on earth would only last three years or so. The disciples needed to be trained. The crowds of people desired too his full attention. The Bible describes Jesus as one who stopped by each person he passed by to talk, help with a need, and at times.....teach a lesson. *How in the world did Jesus find the time to walk away and be alone and pray?*

I have to say that I am fascinated with Jesus’ routine because I struggle to make it a priority to be alone and pray. It is hard because I have many distractions. My phone vibrates when an email has been delivered. My phone rings when someone is calling in. I sit at my computer and catch up on work. I wake up each morning and look at my detailed schedule and live the day as if my life depended on getting everything done. The relationships that I so highly value certainly need nurturing and care. Finding time alone to pray too

often in my life succumbs to the other “more important” priorities that *must* get done.

Apparently, I am not in the minority on struggling to spend time alone. A recent University of Virginia study found that most people find being alone even briefly with their thoughts and with no distractions—no reading material, no smartphones, no music or anything else—unpleasant. Further, the study found that some would even rather give themselves electric shocks than sit alone thinking for six minutes. The study was published in the July 4 issue of Science magazine. One of the scientists summarized the study saying, “in 11 studies, we found that participants typically did not enjoy spending 6 to 15 minutes in a room by themselves with nothing to do but think, that they enjoyed doing mundane external activities much more, and that many preferred to administer electric shocks to themselves instead of being left along with their thoughts. Most people seem to prefer doing something rather than nothing—even if that something is negative.”

The study out of the University of Virginia brings to mind Jesus’ interaction with Martha and Mary in Luke 10. Jesus said to Martha, “Martha, Martha, you are worried and distracted by many things;

there is need of only one thing. Mary has chosen the better part, which will not be taken away from her (10:38-42).” Jesus said this to Martha after she complained that her sister Mary was sitting and listening to Jesus rather than helping Martha with her hospitality tasks. I don’t think Jesus was upset that Martha was busy and active. It seems that the problem with Martha is that she was “worried and distracted by many things”.

Summer should be a time in which we can slow down a little and try to connect or re-connect with those parts of our lives that should be a priority, but have slipped through the cracks. I am going to try and give more effort to Jesus’ practice of finding a quiet place to pray. Perhaps this topic is something that you too would like to take on? In what ways can we develop the quiet of listening for God? How do we balance all the “Martha tasks” (which are very important!) in our lives so it is possible to have “Mary time”? Those are good questions to start us up.

Some exciting happenings are right around the corner for Peace. God is so good to us. What a privilege it is to serve you as pastor!

Keep Looking Up,

*Pastor Lucke*



## School Supply Give Away

*For students of Philomath School District*

June's Kids' Kloset and its partnering churches are asking for your help in providing school supplies for students of Philomath School District. Some of the items needed this year include:

Binders	Glue	Paper
Scissors	Calculators	Pens
Kleenex	Ziploc Bags	Crayons
Markers	Pencils	Copy Paper
Erasers	Notebooks	Rulers

Donations can be dropped off at Peace in the bin titled, "June's Kids' Kloset". If you have questions or would like more detail on needed items, please call Carey Oien at (541) 929-6216.

## Family Night Barbeque

Plan to be here on Friday, August 15<sup>th</sup> at 6 pm for a family night barbeque and movie. Hot dogs and hamburgers will be grilled. Please bring a drink for self and/or family and one side dish to share with others. For those who would like to play games afterwards, we can. For those who would like to watch a family movie, this too will be available. Please contact Pastor Lucke ahead of time so that we can make food preparations.



## Peace Lutheran Church Sunday School Kick-Off!

Please join us as we kick-off our fall Sunday school schedule on September 7. Classes for adults and children ages 3 and older will begin at 9:45 a.m.; our church service begins at 11 a.m. We will be having a celebration after church in the parking lot where lunch will be served with free hot dogs, chips, ice cream for dessert, music, games, balloons, and more! Please come, bring your friends, and join in the fun!!!

## National Night Out!

**National Night Out** is on Tuesday, August 5<sup>th</sup>, from 6-9 p.m. in the church parking lot. Food, music, and booths from local organizations will be there. There will be something for everyone. Come and get to know your community a little better!

## Preparing for Worship

Scripture lessons for August:

**August 3:**

Isaiah 55:1-5  
Romans 9:1-5  
Matthew 14:13-21

**August 24:**

Worship in the Park  
Isaiah 51:1-6  
Romans 11:33-12:8  
Matthew 16:13-20

**August 10:**

Job 38:4-18  
Romans 10:5-17  
Matthew 14:22-33

**August 31:**

Jeremiah 15:15-21  
Romans 12:9-21  
Matthew 16:21-28

**August 17:**

Isaiah 56:1, 6-8  
Romans 11:1-2a, 13-15, 28-32



## Thank You!

My dear friends at Peace Lutheran;  
I am continually amazed at how supportive our congregation has been to me since my cancer diagnosis and subsequent surgery. I want to thank all of you who have prayed for me, those of you who have sent me cards and those of you who have visited me and sat with Kay while I was in the hospital. I truly feel that this family of Christ has stood by me during these times of uncertainty. I am now happy to report that the surgery was completely successful and I am now free from cancer. It is a privilege to be a member of this caring community in Christ.

Sincerely, Bob Glathar

## FYI

- Sunday school rooms have been cleaned and readied for next year. Please be thoughtful and don't use the needed supplies.
- MareAnne Strom has been hired to clean the bathrooms weekly.



## **My Teacher Is Mean**

*By Dr. Charles Fay*

As a parent and an educator, there aren't too many things more distressing than hearing a child say, "I can't go to school. My teacher is so mean!"

We don't want to see our children in pain, especially when it's caused by someone we need to trust for their emotional and mental well-being on a daily basis.

So, what can you say or do when your child comes home from school and complains about his or her teacher?

The most important thing to remember is the vast majority of teachers are caring, dedicated, and well trained. Each has his or her own style, and kids need to learn how to adapt. Just as kids benefit from teachers who are very warm and patient, they also can learn from some who are more business-like and demanding. Kids can even gain valuable life lessons from a caring teacher who is a bit cranky and cantankerous.

If your child is having trouble adjusting to his or her teacher, here are some easy-to-learn Love and Logic tips to effectively deal with the situation:

### **Tip 1: Listen and empathize if your child complains about a teacher.**

When a child says something like, "My teacher is mean. I hate her," what he or she needs most is a loving ear, not lectures, threats, or someone to "fix" the problem. Wise parents respond by asking, "You really don't like her? That must be tough. If any kid is smart enough to find a way to get along with her, it would be you." Be sure to let the child know how much you love him or her, and be willing to listen to any concerns.

### **Tip 2: Resist the urge to talk badly about your child's teacher or school.**

Regardless of how much we might disagree with our child's teacher or school, it is imperative to send our kids the following message: "Teachers are to be respected and listened to. You may not always agree with what they say or do, but it is NEVER acceptable for you to be disrespectful or disobedient toward them."

Parents who make the mistake of saying negative comments about teachers in front of their children are setting their kids up for academic failure. When parents encourage children to learn how to positively deal with difficult teachers and stressful situations, their kids learn

how to overcome challenges and solve their own problems. In other words, we rob our kids of an important learning opportunity if we allow them to blame teachers for their problems.

### **Tip 3: Help your child understand that having a tough teacher is a good thing.**

Smart parents ask their kids, "Why is it good that you have a tough teacher this year?" When their children shrug their shoulders and answer, "I don't know," these parents respond by saying, "You're going to have a chance to learn you can be successful with even the most difficult people. That's one of the most useful skills in life!"

### **Tip 4: Remember: By teaching children to get along with a demanding teacher, we also are teaching them how to succeed with a demanding boss.**

Research has shown employees get along with even the most demanding bosses when they:

- Get to work just a bit early every day
- Show up with a smile and a positive attitude
- Listen and follow directions
- Work a bit harder than expected
- Get along well with other employees and customers

Kids who learn these skills at home and at school succeed with the most difficult teachers, get better grades, and eventually rise to the top of their chosen occupation.

### **Tip 5: Get involved only as a last resort.**

Wise parents intervene on behalf of their children only when it is clear the teacher is so incompetent or negative that even the best behaved and most responsible student would find it impossible to adapt. Fortunately, these types of educators are rare.

When we follow these tips, we give our kids the gift of knowing they can succeed around all different types of people. Unfortunately, some parents steal this wonderful opportunity by trying to make sure their children's teachers are "perfect." Sadly, as adults, many of these children spend their lives being unhappy because other people are "mean" or "unfair."

Don't fall into this trap! Use these Love and Logic tips, and give your kids the responsibility and self-confidence they deserve.